



Living Waters Lutheran Church
865 Birch Street
Lino Lakes, MN 55014
Office Phone: (651) 481-0220
www.livingwaterslutheran.org
Pastor Kathryn Tiede

NEWS RELEASE

For Release: January 7, 2013
Contact: Bob Mallory
(651) 653-8349 • Cell: (651) 261-5964
bobmallory@comcast.net

Living Waters Annual Weekend Retreat for Ladies

Living Waters Lutheran Church of Lino Lakes is offering an open invitation to any adult women to join the women of the church on their annual retreat the weekend of January 18 to 19. The retreat will be held at a family's cabin near Pine City, MN.

Sara Miles' book, ***Take This Bread***, in which the author shares a surprising account of how receiving communion led to her personal awakening in faith, will be a discussion point during this retreat. The women will ask the question; "What does it mean to be a member of the 'body of Christ', and what difference does it make in our lives?" The group will contemplate how God nourishes faith, forgives sins, and calls believers to new life in the Lord's Supper.

This year's retreat is being led by Janet Karvonen-Montgomery, the legendary basketball superstar who is training to become a Lutheran pastor. Ms. Karvonen-Montgomery is serving at Living Waters as a contextual education student from Luther Seminary.

The retreat is free-of-charge, although all participants are asked to bring food to share, based on a common menu. The group will cook, pray, bake bread, engage in Bible study, and enjoy each other's company. During free times, participants are encouraged to relax, cross-country ski or ice-skate on the lake. If you are interested in attending, contact the church secretary at (651) 481-0220, visit their website at www.livingwaterslutheran.org, or stop in. The church is located at 865 Birch Street. Living Waters' annual men's retreat is scheduled for October of 2013.

#